Trail Tips

Be prepared with a small first aid kit

CHALLENGE

- Let someone know your plan
- · Always observe trail rules
- · Watch out for poison ivy
- · Be aware of park hours
- · Use the buddy system
- · Check the weather
- Wear proper gear
- Take your phone
- · Check for ticks
- · Honor the land
- · Stay hydrated
- Pick up litter
- HAVE FUN!



To report concerns in
Town of Huntington Parks contact:

Dept. of General Services:
(631) 351-3060

Dept. of Parks & Recreation: (631) 351-3094

<u>Dept. of Public Safety:</u> 24 hour dispatch (631) 351-3234

If you see an <u>animal who needs help</u>: **Volunteers for Wildlife:** (516) 674-0982 www.volunteersforwildlife.org

Can You Complete the Challenge?

Discover the many beautiful trails

Huntington has to offer by joining this
self-guided challenge to complete
approximately 30 miles on any town trails.

The Challenge kicks off each year on Family Earth Day, but it never really ends—there are always new adventures to be had and new trails to be discovered!

This is not a race—it is an individual challenge for personal growth and making a commitment that may change life for the better! So get unplugged, get outdoors and start your journey!



Choose your adventure...hike your own hike and move at your own pace. It's all about you...embrace it!

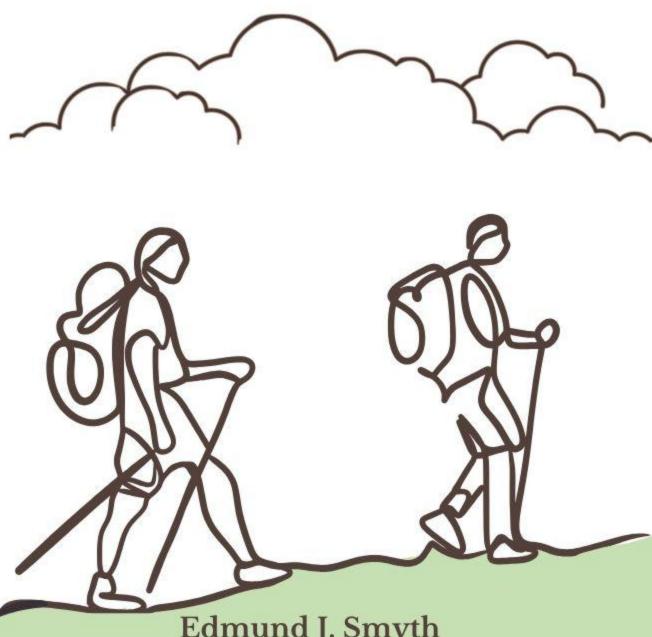
You can hike, bike, run or walk...whether a novice or experienced trail person...we have trails for everyone! There is no charge for this program. Just get out and enjoy the natural landscapes in the Town of Huntington.

Pick a Trail and Get Started.



TRAIL CHALLENGE

Change Your Life One Mile at a Time



Edmund J. Smyth Supervisor

Dr. David Bennardo Councilman

Brooke A. Lupinacci Councilwoman Salvatore Ferro Councilman

Theresa Mari Councilwoman

Huntington Trail Challenge

Dog Friendly	Trail Name	Distance	Date of Completion
Northwe	st Quadrant Trails		
	Caumsett State Park Paved Trail	3.0 mi	
	Caumsett State Park Terrain Trail Network	Variable	
*	Coindre Hall Network	1.1 mi	
*	Cold Spring Harbor/Trailview Park/Nassau Greenbelt Trail Linear	1 mi	
*	Froehlich Farm Nature Preserve Network	1.4 mi	
	Gardiner Farm Park Loop	0.6 mi	
*	Grace Stroll Garden Loop & Grace Nature Preserve	0.3 mi &	
	Linear	1 mi	
*	Heckscher Park Loop	0.3 mi	
*	Village Green Park Linear	0.4 mi	
	Target Rock National Wildlife Refuge (Three interconnected trails) Loop	1 mi	
	Uplands Farm Sanctuary Loop	2.5 mi	
*	Manor Farm Park/Berkeley Jackson County Park Network	1.8 mi	
*	West Rogues Wetland Loop	0.4 mi	
Southwe	st Quadrant Trails		
	Arboretum Park/Anne Frank Memorial Garden Loop	0.6 mi	
*	Butterfly Park Loop	0.8 mi	
	Dr. Jeffrey Wenig Memorial Park Network	1 mi	
*	Half Hollow Park Loop	0.8 mi	
*	West Hills County Park Jayne's Hill Section Network	Variable	
*	Mt. Misery Nature Preserve Network	3.3 mi	

		Designation in Services	
Hiker's	Name:		
Hiker's	Address:		
Phone r	number:		

Dog Friendly	Trail Name	Distance	Date of Completion		
Northeast Quadrant Trails					
	Betty Allen Nature Preserve	0.3 mi			
*	Fuchs Pond Preserve	0.5 mi			
*	Henry Ingraham Nature Preserve	0.5 mi			
*	Knolls Park Network	3.6 mi			
**	Makamah Nature Preserve Network	2.6 mi			
*	Carpenter Farm Park	0.5 mi			
*	Cow Harbor Park/Northport Village Park Network	0.7 mi			
*	Squires Nature Park (Formally Manor Plains) Loop	0.3 mi			
	Meadowlark Park for Hikers and Bikers Loop	3.5 mi			
*	Sunshine Acres Loop (Pavement)	0.6 mi			
Southeas	t Quadrant Trails				
*	DeForest Nature Park Linear	0.2 mi			
*	Dix Hills Park-Woodland Trail Loop	1.9 mi			
	Dix Hills Park-Fitness Trail Linear	0.25 mi			
*	Edgewood Oak Brush Plains Preserve Loop	5.5 mi			
	Otsego Park Network	1 mi			
*	Strathmore Park	1 mi			

BE PREPARED!

Before you start your hike, go to: https://huntingtonny.gov/trails-guide

To read about the trails you are hiking, learn about

parking availability, and more!

- Fill out your Huntington Trail Challenge card and keep it in your car.
- · Share with your friends, family, or co-workers to join in the fun.
- Schedule your trail visits in advance; to ensure you have plenty of time to complete the Challenge.
- Set reminders to GET OUT and GO!

Once you have hiked all the trails, completed this checklist, email a copy of this checklist to the email address below. You will earn a Huntington Town Council signed achievement certificate and a unique hiker's patch during the Town of Huntington, Family Earth Day Celebration. Send completed forms to: Planning@Huntingtonny.gov with Trail Challenge in the subject line.