



Department of Human Services

### Adult Day Care

at the Flanagan Center 423 Park Avenue Huntington, NY 11743 631-351-3293

http://HuntingtonNY.gov/ADC





\* Coordinated respite care & caregiver programs are funded by the Town of Huntington, the U.S. Administration for Community Living through NYS Office for the Aging and Suffolk County Office for the Aging.



# Adult Day Care

Extraordinary Services, Programs & Facilities



## Edmund J. Smyth Supervisor

Eugene Cook, Councilman Dr. Dave Bennardo, Councilman



Joan Cergol, Councilwoman Salvatore Ferro, Councilman

#### Department of Human Services

Carmen Kasper, Director Julia Frangione, Senior Citizens Division, Director Amy Geist, MPS, Adult Day Care, Supervisor





Since 1984, the Town of Huntington has offered extraordinary social model day care services for our mature adult community.

Our wide range of programs, resources, facilities and staff are second to none! These services are available to Suffolk County residents sixty years of age and older, in most instances, who are experiencing decreased levels of physical and cognitive abilities.

Services are available Monday through Friday. Our participants may attend one to five days a week from 8:00 a.m. to 4:00 p.m. Our fees are budget friendly and are accepted by some long term care insurance plans and Medicaid Managed Long-Term Care.

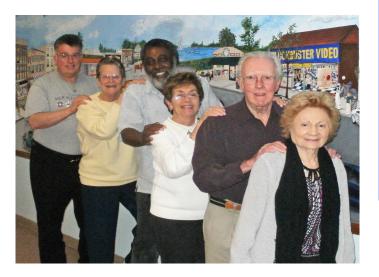
A continental breakfast and nutritious main meal are served daily with assorted snacks and beverages available throughout the day. Transportation with handicapped accessibility is available for Town of Huntington residents.





#### **ACTIVITIES**

- Watercolor Painting
- Special Events & Parties
- Live, Professional Entertainment
- Light Exercise & Sports
- Yoga, Brain Gym<sup>®</sup> & Meditation
- Therapeutic Socialization & Recreation
- **Intergenerational Programs**
- Exploring the Internet with Smart TV
- "101" World Languages Class



What a difference you've made for my motherin-law. Seriously, I know she was only in for 3 days last week, but she was a different person this past weekend. She used to live on her chair, barely getting up without our encouraging her to get up and move around. This weekend, she was up and moving, exercising a little. She came out to welcome my son home and talk to him about school! She hasn't done that in - I can't remember how long. Mom has been sleeping better and has a visibly better attitude. This morning, she was at the door to go at 7:45!



All this to say, Thank you. S.B.

#### **CAREGIVER SUPPORT**

To help cope with the physical and emotional stresses associated with a loved one's impairment, Caregiver Support Groups and Stress Reduction Sessions meet throughout the month at the Town of Huntington Senior Center.



#### **FACILITIES**

- Excursions to our Magnificent Waterfront Beach House on Huntington Bay-Centerport Harbor
- Art, Recreation, Large & Small Group Rooms
- Library & Media Center
- Dining Room
- Outdoor Patio
- All Set on Serene, Multi-Acre Grass & Wooded Campuses



#### **SAMPLE MENUS**

- Chicken Penne a la Gorgonzola with Broccoli Rabe & Roasted Peppers
- Beef Bourguignon with Mushroom & Onion Gravy, Whipped Potatoes and Mixed Green Salad
- Seafood Newburg with Mesclun, Tomato, Cucumber & Onion Salad
- Baked Manicotti with Broccoli Crowns & Roasted Red Pepper Salad
- Honey-Glazed Virginia Ham with Escarole in Garlic Oil & Sweet Potatoes
- Chicken Cordon Bleu with Mushroom Sauce & Asparagus Spears