

TOWN OF HUNTINGTON

Frank P. Petrone, Supervisor

Mark Cuthbertson
Councilman

Susan A. Berland
Councilwoman

Eugene Cook
Councilman

Tracey A. Edwards
Councilwoman

Department of Human Services
Senior Citizens Division

ADULT DAY CARE

November 2015

Special Events



Wednesday, 4th

*Celebration of Life with
Steve Cassano*

Wednesday, 18th

Turkey & Trimmings Lunch

Week of 16th-20th

*Auf Wiedersehen
to Germany*

Monday, 23rd

*Celebration with
George Maselli*

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DEPARTMENT OF HUMAN SERVICES

Jillian Guthman-Abadom, Esq., Director

SENIOR CITIZENS DIVISION

Holli Dunayer, MSW, Director

423 Park Avenue, Huntington

Hdunayer@HuntingtonNY.gov

Amy Geist, MPS, Adult Day Care Program Supervisor

Amy.Geist@HuntingtonNY.gov

Adult Day Care.....631-351-3293

Senior Center Main Office	351-3253
Mary Hansen Center Manager.....	Ext. 4015
Geri Van Dyke..... Home Delivered Meals Supervisor.....	421-1273
Julia Frangione Programs, Trips & Beach House Supervisor.....	Ext. 4006
Holli Dunayer, MSW..... Caregiver Support Coordinator.....	Ext. 4016
Maria Soskel EISEP, Volunteer & Club Coordinator	Ext. 4001
Lou Horne Residential Repair Program Coordinator.....	Ext. 4002
Heather Warringer..... Senior Housing, Community Development.....	351-2881

Huntington Senior Citizens Board of Directors

Gladys Mayette, *Chairperson*



***FROM THE
SUPERVISOR'S DESK***

**Frank P. Petrone,
Supervisor**

We head into the holiday season later this month, and I thought you would like to know how special Thanksgiving weekend will be in the Town.

On Friday night November 27, the day after Thanksgiving, the annual Boat Parade resumes in Huntington Harbor after a one-year hiatus. Sponsored by the Greater Huntington Council of Yacht and Boating Clubs, this illuminated display lights up Huntington Harbor and helps set the tone for the holiday season.

But that is only the beginning. The next day, Saturday, November 28, is both Small Business Saturday and the annual Holiday Parade in Huntington Village. The parade, which starts at 6 pm, has seen between 5,000 and 10,000 people line New York Avenue and Main Street to cheer the innovative Fire Department, commercial and organization floats, all leading up to Santa Claus' arrival and the annual tree lighting. This year, we are tying day and night together with carolers and musicians strolling through the village by day, performances on the reviewing stand before the parade and the Long Island Pops Orchestra performing by the tree on Wall Street following the tree lighting. The festival on Wall Street will include bouncy rides for the kids and grandkids, free hot chocolate and a chance to vote for the best gingerbread house in the competition among the Town's bakeries (look for them on display in a store window near the stage with Santa).

It's all a fun – and free – way to get into the holiday spirit. So come on down and join us! And from my family to yours, we wish you a Happy Thanksgiving and a joyous holiday season.

Fondly,

Frank P. Petrone



***DIRECTOR'S
MESSAGE***

Jillian Guthman-Abadom, Esq.,
Director of Human Services

Dear Friends,

The cold weather will soon be here! While I appreciate the change of seasons, winter is my least favorite season. It seems to come with so many more responsibilities and concerns.

For what it is worth, these are a few tips that I think are handy for this time of year:

1. Have a bottled water reserve and some non-perishable food.
2. Have your heating furnace serviced before you have a problem.
3. Consider getting a generator (something I need to do!)
4. Make sure you have ample flashlights with batteries. Some cell phones have built in flashlights.
5. Have a transistor radio on hand.
6. Maintain a full tank of gas in your car.
7. Be aware of how to turn off the water supply to your home.

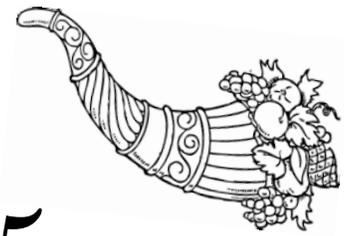
So this is just one of my checklists. Here's hoping we don't have to rely on any of these measures and that the winter is filled with cool, moderate temperatures and just enough snow to decorate the trees, yet not require any shoveling.

I acknowledge all of our veterans and will see each of you on November 10th for our program celebrating our veterans. If your schedule permits, come to the Town of Huntington's Veterans Program on November 8th at 9:00 a.m. at Veterans' Plaza – the front lawn of Town Hall. Hope to see you there.

Finally, a heartfelt wish for a very special and Happy Thanksgiving to all of my friends at the Senior Center!

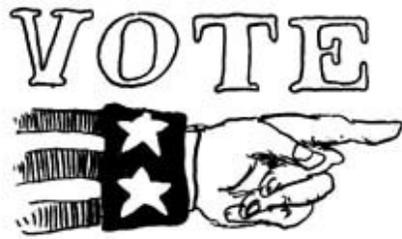
-Best Regards,

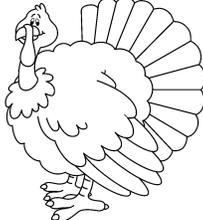
Jillian Guthman-Abadom



November 2015

MONDAY	TUESDAY	WEDNESDAY
2 EGGPLANT ROLLATINI Bingo SGA : Art with Marie Frog Toss You be the Judge 	3 CENTER CLOSED <i>Closed For</i> ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ Election Day ★ ★ ★ ★ ★ ★ ★ ★ ★ ★	4 CHICKEN MARSALA Presidential Slogans SGA : Book Club <i>Celebration of Life with Steve Cassano</i>
9 STUFFED CABBAGE Semper - Fi SGA: Art with Marie Pitch Pipe Program 	10 BAKED ZITI Brain Gym SGA: Painting Dunce Game What is a Dunce Cap, Really ?	11 CENTER CLOSED <i>Closed For</i> 
16 CHICKEN DIJON Button Day SGA: Art with Marie Stein Toss Sprechen du Deutsch 	17 SWEDISH MEATBALLS Brain Gym SGA: Painting Yoga  	18 TURKEY & TRIMMINGS Table Bingo SGA: Book Club Thanksgiving Meal Deutschland Quiz
23 RAVIOLI ALA VODKA Button Day SGA: Art with Marie <i>Celebration with George Maselli</i>	24 PORK BOURGINON Brain Gym SGA: Play Practice Pin the Tail on the Turkey The First Thanksgiving Helen's Birthday  	25 LEMON CHICKEN Thanksgiving Jingo SGA: Book Club Art with Sue Thanksgiving Social Bob B & Lou G Birthdays 
30 EGGPLANT ROLLATINI History of Dance Styles Word Games SGA: Art with Marie Pitch Pipe Program	VOTE 	 <small>www.shutterstock.com 120882230</small>



THURSDAY	FRIDAY
5 MEAT LOAF Brain Gym SGA: Puzzle Time Pitch Pipe Program Let's Goggle That 	6 SEAFOOD SCAMPI Name Ten SGA: Computer Tablets Happy Hour Horse Racing
12 ROAST BEEF SANDWICH Veteran's Day Facts SGA: Table Game Pitch Pipe Program You Tube Videos 	13 SEAFOOD NEWBURG Recycle Day SGA : Computer Tablets Happy Hour Elder Song Bingo 
19 HOT DOG/ HAMBURGER Card Bingo SGA: Sensory Room  <i>Happy Hour</i> <i>Traveling To Germany</i> <i>With Root Beer and</i> <i>Hot Pretzels</i> 	20 BAKED SALMON The Memory Game SGA: Computer Tablets Pitch Pipe Program Exploring Chrome Cast
26 CENTER CLOSED	27 CENTER CLOSED
<i>Closed For Thanksgiving</i>	<i>Closed For Thanksgiving</i>
	

ONGOING PROGRAMS

- ◆ Current Events with Morning News
- ◆ Sittercise
- ◆ Sing-A-Long
- ◆ Sensory Room
- ◆ SGA-Small Group Activity
- ◆ Language Lessons

November HIGHLIGHTS

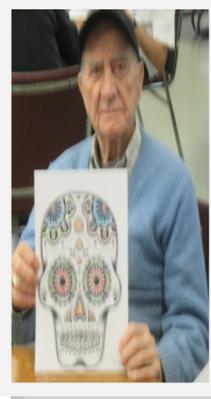
Wednesday, 4th
Celebration of Life with Steve Cassano

Week 16th-20th
Auf Wiedersehen to Germany

Wednesday, 18th
Turkey & Trimmings Lunch

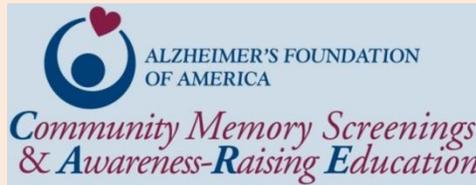
Monday, 23rd
Entertainment With George Maselli

TOWN BOARD MEETING
Tuesday, November 5th
At 2:00 PM





Frank P. Petrone, Supervisor
Mark Cuthbertson, Councilman
Susan A. Berland, Councilwoman
Eugene Cook, Councilman
Tracey A. Edwards, Councilwoman



November is Memory Awareness Month

**Come to the Town of Huntington's Senior Center
Wednesday, November 4 and stimulate your mind!**

Memory Screening

**10-Minute Memory Screening
10 am – 1 pm Room 110**

Pre-register in Front Office (Room 103) for appointment time

"Food for Memory"

**Ashley Shoemaker-Skokov, Nutritionist
Cornell Cooperative Extension
11 am – Noon Bilingual Presentation Room 104**

Power Brain Gym Class

**Emily Eisen, M.Ed
Director of Brainworks Plus
1:45 - 2:45 pm Dining Room**

-
-  *Are you more forgetful or experiencing memory loss?*
 -  *Do you have trouble recalling words or names in conversation?*
 -  *Are you misplacing things more often?*

If you answered yes to any of these questions, you may benefit from a free ten-minute, confidential memory screening provided by the Alzheimer's Foundation of America (AFA).

The benefits of a memory screening may include:

- *Identification of the cause of a memory loss.**
- *Increased safety and quality of life within the home and community.**
- *Please be advised that the memory screen is for informational purposes only.**



Support Services for Caregivers

Funding provided by New York State Office for the Aging and
Suffolk County Office for the Aging.
Caregivers Support Service Project 2015 - 2016

Yoga for Caregivers

Tuesday, November 10, 17, 24
2:30 - 3:30 pm, Room 106

Daytime Support Group

Thursday, November 12
1:30 - 3 pm, Room 117

Respite Program: While caregivers attend any of these sessions, respite care is available for your loved one. Please call 2 days in advance for a respite care appointment.



Art Therapy

Wednesday, November 4, Room 209
Wednesday, November 18, Room 205
10:30 am - 12:30 pm

Evening Support Group

No Meeting this Month

For more information and/or to register for groups,
contact **Holli Dunayer, MSW**
631-351-3253 Ext. 4016

Other Support Services

For Individuals Diagnosed
with
Alzheimer's/Dementia
Affected Individuals
Support Group
Tuesday, November 10
10:30 - 11:30 am
Room 205

Are you grieving the loss
of a loved one?
Join our Bereavement
Support Group
Tuesday, November 24
10:30 - 11:30 am,
Room 117

Veterans
Discussion Group
Thurs., November 19
10:30 am
Room 117
Join us Tuesday, Nov. 10 for
Veteran's Event 10 am - 2:30 pm



HANDS ON HUNTINGTON

For information or to find out if you live in the designated
area, call 351-6610 to speak to one of our social workers,
Tina Block, LMSW or Stephanie Laureano, LMSW

ADVISORY BOARD MEETING at the Harborfields Library, 31 Broadway, Greenlawn
Wednesday, November 18, 2015 at 10:15 am

Join us for our monthly advisory meeting. Tell us how we can help you and how we can help Greenlawn continue to be the best place for you to live as you age. Your input is valuable to our program's success.

Medicare Part D Enrollment Assistance - Tuesday, November 10 - appointments beginning at 10 am
Harborfields Library, 31 Broadway, Greenlawn

Sign up: Call 351-6610 by Friday, November 6 for an individual appointment with a pharmacist. How do you know which Medicare Part D plan is best for you when there are so many choices? Pharmacists from St. John University School of Pharmacy will assist you in choosing the plan that is best for you and covers your medications at the lowest premium possible. **Appointments are required. Call 631.351.6610 for an appointment time. Bring with you a list of your medications, name and zip code of your pharmacy, your current Medicare Part D card if you have a plan and your Medicare card.**



American Sign Language Class at the Town of Huntington Senior Center Room 205
Mondays: 12:45 ~ 1:45 pm Beginners welcome!

Hands on Huntington (HoH) is a Neighborhood Naturally Occurring Retirement Community (NNORC) covering parts of Greenlawn, East Northport and Huntington. HoH is funded through the New York State Office for the Aging NNORC Program. This initiative is also supported by the Town of Huntington and The Suffolk Y JCC. HoH brings together the Town of Huntington and The Suffolk Y JCC, and others, to provide support services, information and referral, education and recreation programs to seniors, helping them remain in their homes and community. If you would like to learn more about our program, come to an Advisory Board Meeting or call our office 351-6610.



TOWN OF HUNTINGTON



SUPERVISOR FRANK P. PETRONE
COUNCILMAN MARK CUTHBERTSON
COUNCILWOMAN SUSAN A. BERLAND
COUNCILMAN EUGENE COOK
COUNCILWOMAN TRACEY A. EDWARDS
and the
VETERANS' ADVISORY BOARD

Please join us as we honor veterans:

VETERANS' DAY WREATH CEREMONY

Musical Performance by: Long Island Children's Choir

SUNDAY, NOVEMBER 8, 2015

9:00 AM

**HUNTINGTON TOWN HALL
VETERANS' PLAZA**
(located on the front lawn of Town Hall)
100 MAIN STREET, HUNTINGTON

Refreshments to follow

FOR FURTHER DETAILS PLEASE CALL
CAROL ROCCO (631) 351-3012

AT YOUR SERVICE AT THE SENIOR CENTER

ADULT DAY CARE SERVICES: Social Model Day Care for the frail elderly. Monday through Friday 8:00 a.m. to 4:00 p.m. Planned activities, socialization, hot meals and snacks provided. For more information call Amy Geist at 351-3293.

CAREGIVERS SUPPORT*: Support groups and stress management for caregivers and for those diagnosed with Alzheimer's/Dementia. Contact Holli Dunayer at 351-3253 Ext. 4016.

SMART DRIVING COURSE: 7-hour class offered bi-monthly by AARP for Huntington residents ages 50 & older. Please call 351-3253 for the next available date.

EISEP (EXPANDED IN-HOME SERVICES FOR THE ELDERLY PROGRAM)*: Case management and non-medical, in-home care for persons over 60 who are unable to perform home management tasks. Services may include shopping, laundry & light housekeeping. Persons must be above Medicaid eligibility. Call Suffolk County Office for the Aging at 853-8200.

HOME DELIVERED MEAL PROGRAM*: Delivers meals to seniors who live alone and are unable to shop and cook on their own. Contact Geri Van Dyke at 421-1273.

SENIOR HOUSING: Information on various housing programs including eligibility guidelines for various independent, rental and assisted living communities within the Township of Huntington and Suffolk County. Contact Heather Warringer at Town of Huntington Community Development Agency, 351-2881.

MEMBERSHIP CARDS: Huntington senior membership cards are available free of charge for senior residents age 60 and older. This card is required for you to participate in Senior Division programs and clubs. If you plan on attending any of our programs, we highly recommend that you provide us with a list of your medications and medical conditions, as well as the names and phone numbers of your primary physician and personal contact, in the event of an emergency. This information will be kept in a secure location. Please bring proof of residency and age to the Senior Center front office, 423 Park Ave., Huntington, Monday through Friday, 8:30 a.m. to 4:30 p.m., the Beach House during summer hours, or to your club leader.

OPERATION MEDICINE CABINET: Drop off unwanted, unused, or expired over-the-counter or prescription medications at a safe and secure location. Officers will be available to collect the medications on the first Wednesday of every month in the Senior Center Dining room. (*Liquid medications will not be collected.*)

PODIATRIST VISITS: Second Tuesday and Wednesday of the month, 10:00 a.m. in Room 204. Please bring "Explanation of Medicare Benefits," a form showing latest deductible.

RESIDENTIAL REPAIR PROGRAM*: Small household repairs that Huntington residents over age 60 are not able to manage. You are charged for parts and supplies only. Contact Lorenzo Horne at 351-3253, Ext. 4002, between 9:00 a.m. and noon.

SENIOR CITIZEN ASSISTANCE & REFERRALS: Contact Holli Dunayer, MSW at 351-3253, Ext. 4016.

INTERESTED IN VOLUNTEERING? We need help with a variety of activities at the Senior Center, Adult Day Care and our Beach House. If you are interested in helping others, here are some areas in which you could assist: Telephone Reassurance, Serving Coffee & Snacks, Gift/Thrift Shop, Welcoming Committee, Office Assistance, Teach a Class or Run a Group. Let us know how you would like to share your talents and skills. Contact Maria Soskel at 351-3253.

VOLUNTEERS NEEDED

Chip Room Cashiers: Thursday 10:00 a.m. - 1:30 p.m.

Gift Shop Associates: Wednesday or Thursday 10:00 a.m. - 3:00 p.m.

Nexus Tablet Teacher: Monday - Friday (any day) 10 a.m. - 2:00 p.m.

Basic Computer Instructors: Monday, Wednesday or Thursday 1:00 a.m. - 2:00 p.m.

* These programs are jointly funded by the Town of Huntington, Suffolk County and New York State.



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423 Park Avenue, Huntington

351-3253

Hdunayer@HuntingtonNY.gov

WEBSITE: TOHseniors.com