### **CAREGIVER SUPPORT**

To help cope with the physical and emotional stresses associated with a loved one's impairment, Caregiver Support Groups and Stress Reduction Sessions meet throughout the month at the Town of Huntington Senior Center.

For information, please contact: Laurie Byrne, LMSW, 631-351-3253 LByrne@HuntingtonNY.gov

### ADULT DAY CARE STAFF



### **TESTIMONIAL**

What a difference you've made for my mother-inlaw. Seriously, I know she was only in for 3 days last week, but she was a different person this past weekend. She used to live on her chair, barely getting up without our encouraging her to get up and move around. This weekend, she was up and moving, exercising a little. She came out to welcome my son home and talk to him about school! She hasn't done that in - I can't remember how long. Mom has been sleeping better and has a visibly better attitude. This morning, she was at the door to go at 7:45! All this to say, Thank you. S.B.



#### TOWN OF HUNTINGTON



Edmund J. Smyth Supervisor

Dr. Dave Bennardo, Councilman Salvatore Ferro, Councilman Brooke A. Lupinacci, Councilwoman Theresa Mari, Councilwoman

#### DEPARTMENT OF HUMAN SERVICES

Kevin Thorbourne, Director

#### SENIOR CITIZENS DIVISION

Julia Frangione, Director

#### ADULT DAY CARE CENTER

Carolyn Palladino
Adult Day Care Supervisor
Website: HuntingtonNY.gov/ADC
Email: CPalladino@HuntingtonNY.gov

Website: <u>TOHseniors.com</u> Email: Seniors@HuntingtonNY.gov

#### TOWN OF HUNTINGTON



**Department of Human Services** 

### ADULT DAY CARE



# Providing high quality care since 1984

John J. Flanagan Senior Center 423 Park Avenue Huntington, NY 11743

> Phone: (631) 351-3293 HuntingtonNY.gov/ADC

# ADULT DAY CARE

Adult Day Care provides a caring, supervised environment for the impaired, mature adult and promotes:

- Social Interaction with Peers
- Emotional Support
- Intellectual Stimulation
- Physical Activity

For information, please contact: Carolyn Palladino, Program Supervisor (631) 351-3293

CPalladino@HuntingtonNY.gov

# ELIGIBILITY

The participant must be:

- A Suffolk County resident
- 60 years of age or older in most instances
- Able to handle personal hygiene with minimal assistance \*
- Able to eat independently \*
- Able to participate in a limited manner within a group setting



\*Unless accompanied by a personal aide



## **SERVICES**

- Arts & Crafts
- Social Events and Parties
- Live, Professional Entertainment
- Light Exercise and Sports
- Yoga, Brain Gym, Pitch Pipe Program
- Therapeutic Socialization
- Small Group Activities
- Intergenerational Programs
- Senior Beach House Excursions
- Breakfast, Lunch and Snacks

We are open Monday through Friday from 8 a.m. to 4 p.m. Participants may attend one to five days a week. Our fees are budget-friendly and accepted by some long-term care insurance plans and Medicaid Managed Care.

**Transportation** with handicapped accessibility is available for Town of Huntington residents through HART, and for other Suffolk residents through SCAT.

Coordinated respite care & caregiver programs are jointly funded by the Town of Huntington, the U.S. Administration for Community Living through New York State Office for the Aging and Suffolk County Office for the Aging.

# OUR FACILITIES



- Beach House on Huntington Bay-Centerport Harbor
- Art, Recreation, Large & Small Activity Rooms
- Library and Media Center
- Dining Room with Gourmet Meals
- Outdoor Patio
- Meditation Garden

All Set on Serene, Multi-Acre Grass and Wooded Campuses



We Welcome People with Dementia and Alzheimer's Disease