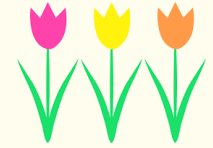
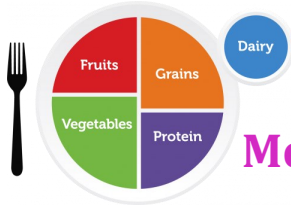




**TOWN OF HUNTINGTON
CALLING ALL SENIORS
A P R I L 2 0 2 4
Dining Room Open 11:00 am - 2:00 pm
Registration: 11:00 am - 12:30 pm
NEW MEMBERS WELCOME!**



AT THE SENIOR CENTER



**Annual Registration Renewal
Monday - Friday, April 1 - 5 ▪ 10 am - Noon**

**Financial Literacy for Seniors (see flyer)
Wednesday, April 10 ▪ 1:30 pm**



**National Poetry Month - Open Mic
Tuesday, April 16 ▪ 1:15 pm**

**April Showers Party with Geoff Cohen
Wednesday, April 17 ▪ 12:30 pm**



**Senior Beach Permit Registration (see flyer)
Thursday, April 18 ▪ 12:30 - 2:00 pm
Friday, April 26 ▪ 11:00 am - 2:00 pm**



**Northwell Health Presentation: Diabetes Education
Wednesday, April 24 ▪ 1:15 pm**

**AT THE SENIOR BEACH HOUSE
New Spring Hours:**

Sunday Noon - 4:30 and Monday-Thursday 10 am - 3:45 pm



**Edmund J. Smyth
Supervisor**

**Dr. Dave Bennardo
Councilman**

**Salvatore Ferro
Councilman**

**Brooke A. Lupinacci
Councilwoman**

**Theresa Mari
Councilwoman**

Town Board Meeting: Thursday, April 11, 2024 @ 7:00 pm



TOWN OF HUNTINGTON

Edmund J. Smyth, Supervisor

DEPARTMENT OF HUMAN SERVICES

Kevin Thorbourne, Director

(631) 351-3304

HumanServices@HuntingtonNY.gov

423 Park Avenue

Huntington, New York 11743

Senior Citizens Division

Julia Frangione, Director (631) 351-3253

Minority Affairs

Kevin Thorbourne, Director (631) 446-3732

Veterans Affairs

Carol Rocco, Coordinator (631) 351-3012

Women Services

Julia Frangione, Coordinator (631) 351-3253

Persons with Disabilities

(631) 446-3726

Human Services Institute

(631) 446-3726

Senior Center Manager <i>Geri VanDyke</i>	(631) 351-3253
Adult Day Care <i>Rachel Michaelis, Asst. Supervisor</i>	(631) 351-3293
Community Dev., Senior Housing <i>Heather Warringer</i>	(631) 351-2881
EISEP, Volunteers, Senior Clubs, Beach House <i>Maria Soskel, Coordinator</i>	(631) 351-3253
Hands on Huntington <i>Sarah Sussman, LMSW, Director</i>	(631) 351-6610
Home Delivered Meals <i>Rose Ramirez, Senior Citizen Aide</i>	(631) 446-3783
Senior Center <i>Michele Foulke, Senior Advocate</i>	(631) 446-3783
Residential Repair <i>Lou Horne, Coordinator</i>	 Direct Line (631) 446-3721
Senior Social Worker <i>Laurie Byrne, LMSW</i>	(631) 351-3253
Town Hall	(631) 351-3000

Huntington Senior Citizens Board of Directors

To be determined, *Chairperson*

SENIOR CENTER 423 Park Avenue, Huntington NY 11743

Monday - Friday 8:30 AM - 4:30 PM

Seniors@HuntingtonNY.gov

(631) 351-3253

www.TOHSeniors.com



TOWN OF HUNTINGTON SENIOR CENTER

ANNUAL REGISTRATION RENEWAL OFFICIALLY BEGINS

It's April
and we're not foolin'...
Annual registration time is back!

EXTRA TIME is needed to register
before dining with us.

Please bring proof of
* residency and identification *

APRIL 1 - 5
MONDAY - FRIDAY
10:00 - NOON



Edmund J. Smyth
Supervisor

Dr. Dave Bennardo
Councilman

Salvatore Ferro
Councilman

Brooke A. Lupinacci
Councilwoman

Theresa Mari
Councilwoman

April

Meals subject to change

HUNTINGTON SENIOR NUTRITION CENTER

423 Park Avenue, Huntington ~ Lunch Served • Noon - 1:15 pm

\$3 Suggested Voluntary Anonymous Contribution

Please Note: There is always an optional alternate meal.

MONDAY

TUESDAY

WEDNESDAY

1 Sloppy Joes * REGISTRATION * 9:00 - 12:00 AARP Tax Prep Assistance 10:00 Arthritis Exercise I 10:00 Informal Canasta 10:00 Pool Sharks 11:05 Arthritis Exercise II 12:30 Card Playing/ Instructional Chinese Mahjong 1:30 Next Step Widow & Widowers Support Group 1:30 Social Dance	2 Pork Milanese * REGISTRATION * 9:30 Fitness Training 10:00 Pool Sharks 10:45 Tai Chi Intermediate 11:35 Tai Chi Beginner 12:30 Music with Alex Alexander 12:30 Canasta - Hand, Knee, Foot Instruction 2:15 Caregiver Yoga	3 Swedish Meatballs * REGISTRATION * 9:45 Gentle Bends 10:00 Knitting and Crocheting 10:00 Pool Sharks 11:00 Exercise for Energy 11:00 - 1:00 Shed the Meds 1:30 Bingo 1:30 Widow & Widowers Support Group 
8 Rigatoni 9:00 - 12:00 AARP Tax Prep Assistance 10:00 Arthritis Exercise I 10:00 Informal Canasta 10:00 Pool Sharks 11:05 Arthritis Exercise II 12:30 Card Playing/ Instructional Chinese Mahjong 1:30 Next Step Widow & Widowers Support Group 2:00 Zumba	9 Sweet & Sour Pork 9:30 Fitness Training 10:00 Pool Sharks 10:00 RSVP: HIICAP Counseling Sessions (see flyer) 10:45 Tai Chi Intermediate 11:35 Tai Chi Beginner 12:30 Canasta - Hand, Knee, Foot Instruction 2:15 Caregiver Yoga	10 Meatloaf 9:30 Board of Directors Meeting 9:45 Gentle Bends 10:00 Knitting and Crocheting 10:00 Pool Sharks 11:00 Exercise for Energy 1:30 Bingo 1:30 Widow & Widowers Support Group 1:30 Financial Literacy For Seniors (see flyer) 
15 Chicken Pappagallo 10:00 Arthritis Exercise I 10:00 Informal Canasta 10:00 Pool Sharks 11:05 Arthritis Exercise II 12:30 Card Playing/ Instructional Chinese Mahjong 1:30 Next Step Widow & Widowers Support Group 1:30 Social Dance	16 Pork Goulash 9:30 Fitness Training 10:00 Pool Sharks 10:45 Tai Chi Intermediate 11:35 Tai Chi Beginner 12:30 Canasta - Hand, Knee, Foot Instruction 1:15 Nat'l Poetry Month: Open Mic 2:15 Caregiver Yoga	17 Chicken Francese 8:30 Suffolk County Office for the Aging: Senior Advocate Appointments 10:00 Knitting and Crocheting 10:00 Pool Sharks 11:00 Exercise for Energy 12:30 April Showers Party with Geoff Cohen 1:30 Bingo 1:30 Widow & Widowers Support Group 
22 Manicotti 10:00 Informal Canasta 10:00 Pool Sharks 12:30 Card Playing/ Instructional Chinese Mahjong 1:30 Next Step Widow & Widowers Support Group 2:00 Zumba	23 Pork Cubana Sandwich 9:30 Fitness Training 10:00 Pool Sharks 10:45 Tai Chi Intermediate 11:35 Tai Chi Beginner 12:30 Piano Music with Remy 12:30 Canasta - Hand, Knee, Foot Instruction 2:15 Caregiver Yoga 	24 Cold Roast Beef Platter 9:45 Gentle Bends 10:00 Knitting and Crocheting 10:00 Pool Sharks 11:00 Exercise for Energy 1:30 Bingo 1:30 Widow & Widowers Support Group 1:15 Northwell Health Presentation: Diabetes Education 
29 Sloppy Joe 10:00 Arthritis Exercise I 10:00 Informal Canasta 10:00 Pool Sharks 11:05 Arthritis Exercise II 12:30 Card Playing/ Instructional Chinese Mahjong 1:30 Next Step Widow & Widowers Support Group 1:30 Social Dance	30 Pork Milanese 9:30 Fitness Training 10:00 Pool Sharks 10:45 Tai Chi Intermediate 11:35 Tai Chi Beginner 12:30 Music with Allen Santoriello 12:30 Canasta - Hand, Knee, Foot Instruction 2:15 Caregiver Yoga 	<p><i>Save the date!</i> First Monday of the Month... Celebrating Birthdays of the Month Monday, May 6 11:00 am</p> 

The Older Americans Act of 2006, encourages a suggested voluntary anonymous contribution equal to the actual cost of the service for participants with self-declared incomes at or above 185% of the federal poverty level. For 2024, 185% of the federal poverty level is \$27,861 for a household of one, and \$37,814 for a household of two.

The Nutrition Center is sponsored by the Town of Huntington with funding provided by the U.S. Administration for Community Living through New York State Office for the Aging and Suffolk County Office for the Aging.

THURSDAY

FRIDAY

4 Roast Turkey

* REGISTRATION *

10:00 Instructional Mahjong & Free Play
10:00 Pool Sharks
11:00 - 1:00 Blood Pressure Screening w/ Janet
1:00 Duplicate Bridge



GYM CLOSED - PROJECT PROM EVENT

5 Crab Cakes

* REGISTRATION *

10:00 Cardio Drumming
10:30 Caregiver Support Group
10:30 Pool Tournament
11:05 Chair Yoga
1:00 Intermediate Bridge

11 Chicken Parmesan

10:00 Fitness Exercise I
10:00 Instructional Mahjong & Free Play
10:00 Pool Sharks
11:05 Fitness Exercise II
12:30 **CarFit Presentation** (see flyer)
1:00 Duplicate Bridge



12 Potato Crusted Cod

10:00 TheraBand
10:30 Pool Tournament
11:05 Chair Yoga
12:30 **DJ Charlie**
1:00 Intermediate Bridge

18 Chef Salad

10:00 Fitness Exercise I
10:00 Instructional Mahjong & Free Play
10:00 Pool Sharks
10:30 Veteran's Support Group
11:05 Fitness Exercise II
12:30 - 2:00 **Senior Beach Permit Registration** (see flyer)
1:00 Duplicate Bridge
1:00 Operation Hope • Commodity



19 Beer Battered Cod

9:30 **AARP Smart Driving**
10:00 - Noon **Follow-Up CarFit Event** (see flyer)
10:30 Caregiver Support Group
10:30 Pool Tournament
11:05 Chair Yoga
1:00 Intermediate Bridge



25 Chicken Piccata

10:00 Fitness Exercise I
10:00 Instructional Mahjong & Free Play
10:00 Pool Sharks
11:05 Fitness Exercise II
11:30 **Music with Angela**
1:00 Duplicate Bridge



26 Seafood Newburg

10:30 Pool Tournament
11:00 - 2:00 **Senior Beach Permit Registration** (see flyer)
1:00 Intermediate Bridge



Events

RSVP: HIICAP Counseling Sessions

CALL (631) 351-3253

to make 1/2 hour appointment
Tuesday, April 9 - 10:00 am-12:30 pm



HIICAP
Health Insurance Information,
Counseling and Assistance
Program

Financial Literacy For Seniors

Heather K. Simek, VP Bus. Dev. Officer
First Central Savings Bank



Wednesday, April 10
1:30 pm - Room 104
(See flyer)



CarFit Presentation

Thursday, April 11
12:30 pm - 1:15 pm

Follow-Up CarFit Event

Friday, April 19
10:00 am - 12:00 pm

see flyer for details

National Poetry Month Open Mic



Tuesday, April 16
1:15 pm - Dining Room

April Showers Party With Geoff Cohen

Wednesday, April 17
12:30 pm - Dining Room



Senior Beach Permit Registration



Thursday, April 18
12:30 pm - 2:00 pm

Senior Beach Permit Registration

Friday, April 26
11:00 am - 2:00 pm

see flyer for details

PLEASE NOTE:

All classes and events are open to Town of Huntington Residents with Membership Cards. Get your membership card in the Senior Center's Front Office.



Northwell Health Presentation

Diabetes Education
Wednesday, April 24
1:15 pm - Room 104



TOWN OF HUNTINGTON SENIOR CENTER



FOOD DISTRIBUTION 3RD THURSDAY OF EVERY MONTH ★ SENIOR CENTER REAR PARKING LOT ★ 1:00 PM - 2:30 PM



- AVAILABLE TO SENIOR VETERANS AND VETERAN SPOUSES
- HEALTHY FOOD PROVIDED TO VETERANS AND VETERAN SPOUSES BY VETERANS



Commodity Supplemental Food Program a Senior Food Assistance Program



- FREE MONTHLY NUTRITIOUS FOOD PACKAGES FOR SENIORS
- 60 YEARS OF AGE OR OLDER
- NY STATE RESIDENT
- NON-US CITIZENS WELCOME
- INCOME VERIFICATION -
 - \$1,580 MONTHLY GROSS INCOME PER SENIOR



REPRESENTATIVES FROM ISLAND HARVEST WILL ALSO BE AVAILABLE FOR ANY QUESTIONS YOU MAY HAVE



Edmund J. Smyth
Supervisor

Dr. Dave Bennardo
Councilman

Salvatore Ferro
Councilman

Brooke A. Lupinacci
Councilwoman

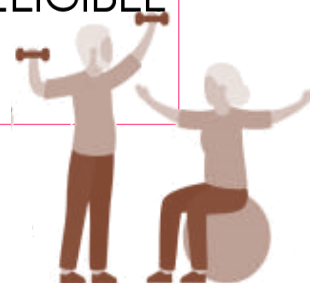
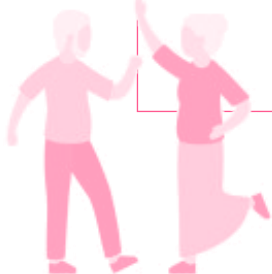
Theresa Mari
Councilwoman



TOWN OF HUNTINGTON SENIOR CENTER

ACTIVITY AND PROGRAM RESERVATION PROCEDURE

TOWN OF HUNTINGTON SENIOR RESIDENTS ARE ELIGIBLE
TO PARTICIPATE IN ALL THE PROGRAMS
THAT THE CENTER HAS TO OFFER!



TO SIGN UP FOR
PROGRAMS SENIORS
MUST HAVE A **PINK**
TOWN OF HUNTINGTON
HUMAN SERVICES
SENIOR CITIZENS DIVISION
MEMBERSHIP CARD

FOR ALL PROGRAMS
CALL THE PRIOR FRIDAY
AT 9:00 AM

TO MAKE RESERVATIONS FOR THE
UPCOMING WEEK'S PROGRAMS

TO MAKE A RESERVATION
PLEASE CALL:

(631) 446-3705

YOU WILL **ONLY**
RECEIVE A CALL BACK IF
YOU ARE PLACED ON
THE WAITLIST

WHEN LEAVING YOUR RESERVATION
PLEASE CLEARLY STATE YOUR:

1. NAME
2. PHONE NUMBER
3. CLASS DAY
4. CLASS NAME AND TIME

SAME DAY RESERVATIONS
ARE
NOT
PERMITTED



Edmund J. Smyth
Supervisor

Dr. Dave Bennardo
Councilman

Salvatore Ferro
Councilman

Brooke A. Lupinacci
Councilwoman

Theresa Mari
Councilwoman

TOWN OF HUNTINGTON



SENIOR CENTER SUPPORT SERVICES

Laurie Byrne, LMSW

(631) 351-3253 Ext. 3780 LByrne@HuntingtonNY.gov



Support Services for Caregivers

Funding provided by New York State Office for the Aging and
Suffolk County Office for the Aging.
Caregivers Support Service Project 2023

IF YOU REQUIRE SENIOR SUPPORT SERVICES, PLEASE CALL THE SENIOR CENTER
MONDAY THROUGH FRIDAY BETWEEN 9:00 AM - 4:00 PM FOR ASSISTANCE: (631) 351-3253

Pink Membership card is required to participate in any program.

SUPPORT GROUPS	DAY	PLACE	TIME
Widows and Widowers Support Group Pre-registration required	12-week series: Wednesday: April 3, 10, 17, 24	Room 106	1:30 - 3:00 PM
Next Steps Group for Widows and Widowers Pre-registration required	12-week series: Monday: April 1, 8, 15, 22, 29	Room 106	1:30 - 2:30 PM
Caregiver Support Group	Friday: April 5, 19	Room 106	10:30 - 11:45 AM
Caregiver Yoga with Sally Call (631) 446-3705 to register each week, Friday/Monday prior to class	Tuesday: April 2, 9, 16, 23, 30	Room 213	2:15 - 3:15 PM
Veterans Support Group with Ron	Thursday, April 18	Library	10:30 - 11:30 AM

WIDOWS AND WIDOWERS SUPPORT GROUP: Those who have recently experienced the death of a spouse can work through grief, examine feelings and discover inner strengths - all within a caring and supportive setting. Group size limited. For information, and required intake and registration paperwork contact: Laurie Byrne, LMSW (631) 351-3253 x 3780 or LByrne@HuntingtonNY.gov.

NEXT STEPS GROUP FOR WIDOWS AND WIDOWERS: Many participants choose to continue in a group setting. This support group, in collaboration with Suffolk YJCC, encourages individuals to take steps towards new routines and activities, even as they continue to grieve. Group size limited. For information and required intake, please contact: Laurie Byrne, LMSW (631) 351-3253 x 3780 or LByrne@HuntingtonNY.gov.

CAREGIVER RESPITE PROGRAM: While caregivers attend the **Caregiver Support Groups and/or Calling All Caregiver Events**, respite care is available for your loved one in our Adult Day Care Program. Please call **two days** in advance for a respite care appointment at (631) 351-3293.

VETERANS SUPPORT GROUP: An intimate group setting whereby participants bond, share and grow. For information contact: Ronald Worrell (631) 351-3253 Ext. 3752 or RWorrell@HuntingtonNY.gov.

SUFFOLK COUNTY OFFICE FOR THE AGING: SENIOR ADVOCATE

Wednesday, April 17, 2024 from 8:30 am - 1:00 pm

A Senior Advocate from Suffolk County will be available to educate eligible seniors in the Town of Huntington/Suffolk County area, to apply for programs/benefits they may qualify for. Programs that foster economic independence such as: Supplemental Nutrition Assistance Program (SNAP), Medicare Savings Program (MSP) and HEAP. **Must call (631) 351-3253 to schedule an appointment.**



TOWN OF HUNTINGTON

ADULT DAY CARE CENTER

423 PARK AVENUE, HUNTINGTON, NY 11743
(631) 351-3293
HuntingtonNY.gov/ADC

Welcome ...

to a caring and friendly place serving
frail seniors with special needs.

Caregiver respite

Low cost

Medicaid accepted

Transportation available



**OPEN ENROLLMENT
STOP IN FOR A TOUR
TODAY!**



Baking Club
Brain Gym
Creative Arts
Games
Gentle Exercise/Yoga
Hot Lunch & Snacks
Intergenerational Activities
Language Arts
Large and Small Group Activities
Music/Pitch Pipe Program
Parties/Entertainment
Themed Presentations
Trips to Centerport Beach House
... and so much more!



Edmund J. Smyth

Supervisor

Dr. Dave Bennardo

Councilman

Salvatore Ferro

Councilman

Brooke A. Lupinacci

Councilwoman

Theresa Mari

Councilwoman

Funding provided by Town of Huntington, the Administration for Community Living through
New York State Office for the Aging and Suffolk County Office for the Aging.



PUBLIC TRANSPORTATION

Local public transportation is available Monday through Saturday. The Town of Huntington's HART system (631) 427-8287 and Suffolk County Transit (631) 852-5200 operate a network of regularly scheduled bus routes that serve many of the places seniors might want to travel, including the Senior Center. Buses are handicap accessible. Senior citizens, individuals with disabilities, and Medicare cardholders are eligible to pay reduced fares.

Minibus service is also provided, at somewhat higher fares to persons who are prevented from using the regular buses because of a disability. This paratransit service is operated on a shared-ride, advance-request, curb-to-curb basis by HART (for rides entirely within the Town of Huntington at a **cost of \$4.00 one way**) and Suffolk County's SCAT program (for rides within Suffolk but not entirely within the Town). Both agencies require prior enrollment by application. Personal travel assistance is limited. HART also extends paratransit service, with reduced priority, to non-disabled senior citizen residents who do not drive and do not have access to regular buses. Paratransit is not offered as a more convenient alternative to regularly scheduled buses. **For information, call HART at (631) 427-8287 (TTY: 800-662-1220) and SCAT at (631) 738-1150 (TTY:(631) 981-0104) cost of \$4.00 each way.** Bus schedules are available at the Senior Center.



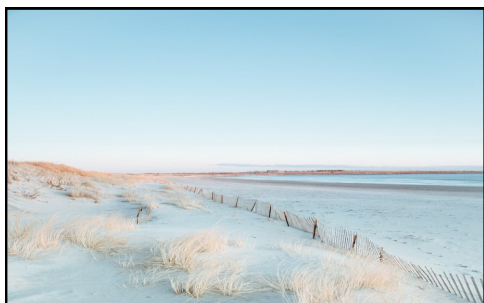
TOWN OF HUNTINGTON SENIOR CITIZENS BEACH HOUSE AT CENTERPORT BEACH

239 Little Neck Road, Centerport
Beach House: (631) 261-9186 Cottage: (631) 261-1058
Game Room and Snack Bar open!

COME SOCIALIZE AND ENJOY THE BEAUTIFUL VIEW OF CENTERPORT BAY!

Sundays: 12:00 am - 4:30 pm

Monday through Thursday: 10:00 am - 3:45 pm



Ping Pong Table
at the
Senior Beach House Cottage

Healing Hearts Social

Tuesday, April 16
11 am - 2 pm Bayview Room



APRIL ACTIVITIES AT THE BEACH HOUSE

ALL ACTIVITIES REQUIRE A TOWN OF HUNTINGTON SENIOR MEMBERSHIP CARD
MEMBERSHIP CARDS FOR PROGRAM AND ACTIVITIES
AVAILABLE AT SENIOR BEACH HOUSE OR SENIOR CENTER

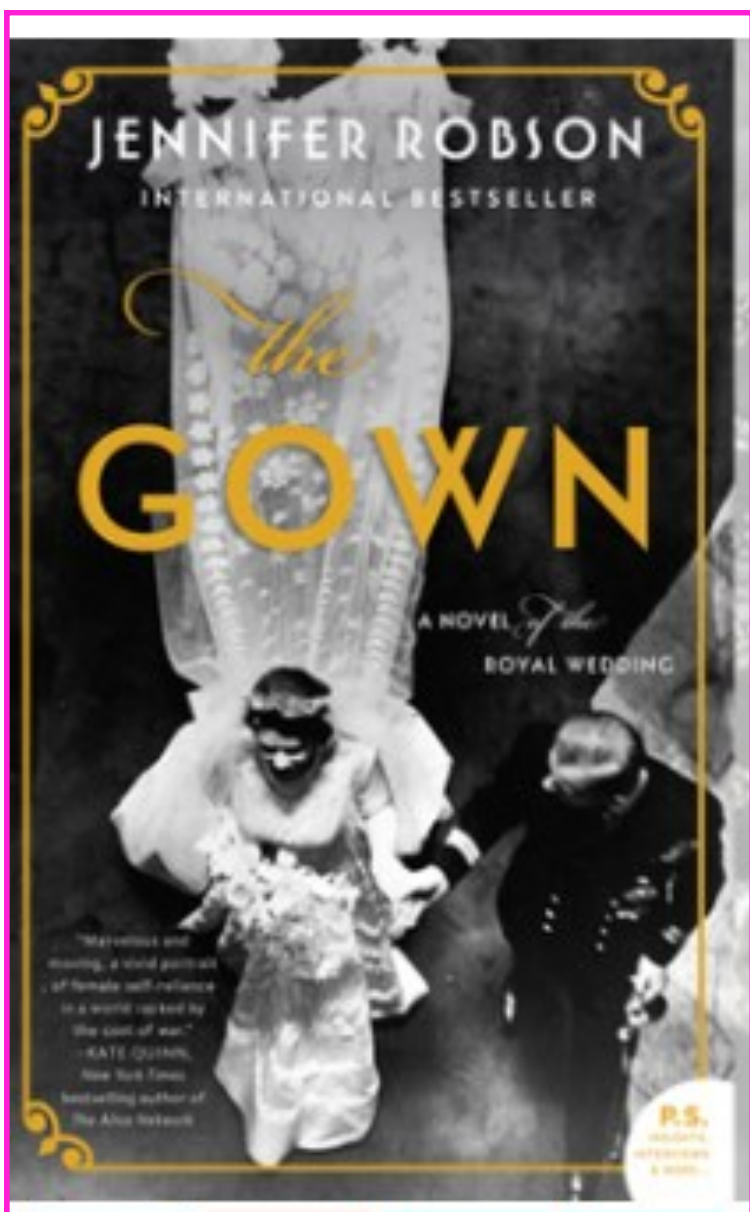
ACTIVITY	DAY	PLACE	TIME
Bridge	Sunday	BH/Large Card Room	12:30 am - 4:15 pm
Pool Sharks (Informal)	Sunday Monday	Cottage Cottage	12:30 am - 4:15 pm 11:30 am - 3:30 pm
Mahjong (Informal)	Monday	BH/Large Card Room	10:30 am - 12:30 pm
Just Jammin' (Informal Music Group)	Monday Wednesday	Cottage/Bayview BH/Cottage	Noon - 3:00 pm 10:00 am - 1:00 pm
Laurel Senior Club	Wednesday	Bayview Room	10:30 am - 1:30 pm
Harbormasters Art Group	Thursday	BH/Bayview	10:00 am - 1:30 pm
Advanced Art *REGISTRATION REQUIRED* WAITLIST*	Thursday	Cottage	10:00 am - Noon
Beginner/Intermediate Art *REGISTRATION REQUIRED* WAITLIST*	Thursday	Cottage	1:00 pm - 3:00 pm
Harmonizers	Tuesday Thursday	Large Card Room Large Card Room	1:00 pm - 3:00 pm 1:00 pm - 3:00 pm

* Schedule subject to change - Seniors must provide their own art, card and/or game supplies *

TOWN OF HUNTINGTON SENIOR CITIZENS BEACH HOUSE

Book Discussion with Cathy

Monday, April 22
1:30 pm



With *The Gown*, Jennifer Robson takes us inside the work-rooms where one of the most famous wedding gowns in history was created. Balancing behind-the-scenes details with a sweeping portrait of a society left reeling by the calamitous costs of victory, she introduces readers to three unforgettable heroines, their points of view alternating and intersecting throughout its pages, whose lives are woven together by the pain of survival, the bonds of friendship, and the redemptive power of love.

CALL:
SENIOR BEACH HOUSE
TO REGISTER BY:
WEDNESDAY, APRIL 17
(631) 261-9186



Edmund J. Smyth
Supervisor

Dr. Dave Bennardo
Councilman

Salvatore Ferro
Councilman

Brooke A. Lupinacci
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Theresa Mari
Councilwoman

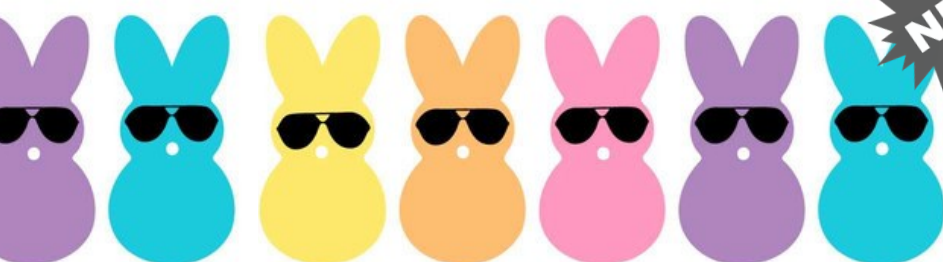
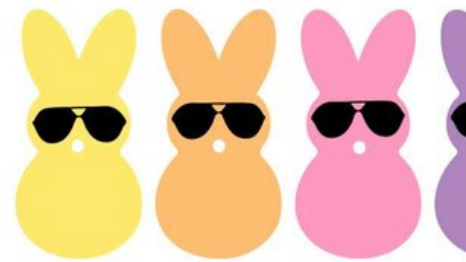


TOWN OF HUNTINGTON

SENIOR CLUBS - WE WELCOME NEW MEMBERS

APRIL 2024 SCHEDULE



TUESDAY CLUBS	WEDNESDAY CLUBS	THURSDAY CLUBS	FRIDAY CLUBS
Greenlawn Paumanack Village I & II 650 Paumanack Village Dr., Greenlawn	Laurel Senior Beach House 239 Little Neck Road, Centerport	Harborfields Paumanack Village III & IV 150 Duncan Elder Drive, Greenlawn	Larkfield Union United Methodist Church 1018 Pulaski Road, East Northport
10:30 am - 1:30 pm 02: Scattergories 09: Trivia 16: Installation/In-House 23: Left Center Right Game 30: Music Night	10:30 am - 1:30 pm 03: Exec. Board Meeting, Bingo 10: Dollar Store Special 17: Installation Luncheon/Ruvo 24: Left Center Right Game	10:30 am - 1:00 pm 04: Movie 11: Crafts 18: Ron's Road Show 25: Installation/In-House	10:30 am - 1:30 pm 05: Exec. Board Meeting, Bingo 12: Speaker: Northport Historical Society 19: Installation/LaCasa Café 26: Ron's Road Show
Nathan Hale Harborfields Library 31 Broadway, Greenlawn	Melville Presbyterian Church of Sweet Hollow 95 Old Country Road, Melville	Hills Presbyterian Church of Sweet Hollow 95 Old Country Road, Melville	Wolf Hill Presbyterian Church of Sweet Hollow 95 Old Country Road, Melville
10:00 am - 1:30 pm 02: Exec. Board Meeting, Birthdays, Bingo 09: Fun with flowers 16: Installation of Officers with cake 23: Earth Day Celebration 30: Horse Racing	10:00 am - 1:30 pm 03: Exec. Board Meeting, Bingo and Birthdays 10: Installation Luncheon at Spuntino's 17: Horse Racing 24: Left Center Right Game	10:30 am - 1:30 pm 04: Exec. Board Meeting, Bingo 11: Left Center Right Game 18: Installation/In-House 25: Speaker: RSVP (not confirmed yet)	10:00 am - 1:30 pm 05: Exec. Board Meeting, Bingo, Birthdays 12: Steal Bingo 19: Installation Luncheon/Outside Restaurant 26: Name that Tune with Tommy
		Whitman Village 160 Lowndes Ave. A, Hunt. Station	
		10:00 am - 1:30 pm 04: Exec. Board Mtg, Birthdays, Bingo 11: Luncheon In-House 18: Left Center Right Game 25: Teaching Tech Day, led by Elaine	

BOARD OF DIRECTORS MEETING: WEDNESDAY, APRIL 10, 2024 • 9:30 - 11:00 AM • SENIOR CENTER

FOR ADDITIONAL CLUB INFORMATION, CONTACT: MARIA SOSKEL, CLUB COORDINATOR • MSOSKEL@HUNTINGTONNY.GOV

You may visit any club twice before deciding on the club you wish to join! Perhaps you want to socialize, learn about current issues and resources, or take a trip with others. Maybe you just want to have fun. Look no more!



TOWN OF HUNTINGTON SENIOR CENTER

CLUB TRIPS - OPEN TO ALL SENIORS



Please see huntingtonny.gov/Senior-Club-Trips for further details on some of the trips below.

HILLS CLUB: Contact Bill: billverd2275@yahoo.com or (631) 335-0996 Monday-Friday 10 am - 5 pm. Cancellation/No Show/Deposit monies are not refundable unless you find a person who can take your place. Completed Trip Release Form required prior to boarding bus.

Let the Good Times Roll at The Main Event Tuesday, May 7, 2024 \$79 per person
1815 Broadhollow Road, Farmingdale, NY Noon - 3:30 pm

Price includes: lunch, comedian, DJ and all tips. Only room for 60. Payment in full at sign up. This trip is drive on your own only. No transportation provided. *Last call April 15.*

Escape to Margaritaville Wednesday, July 10, 2024 \$149 per person
At the Gateway Theatre, Bellport

Price includes: transportation, show, dinner and all tips. All center orchestra seating. Dinner at J & R's Islip Steak House. Pay in full at sign up. Only room for 45.

Lancaster, PA Tuesday-Wednesday, September 10-11, 2024
\$417 PP Double Occupancy, \$496 PP Single Occupancy

Price includes: transportation, 1 night's hotel lodging, 1 breakfast, 1 Dutch Apple Dinner Theatre featuring *Jersey Boys*, Performance of *Daniel* at Sight & Sound Theatre, Train Ride on the Strasburg Railroad, all taxes & meal gratuities, bus gratuities. Sign up with \$100 deposit. Payment in full July 12.

COME JOIN THE FUN...



LARKFIELD CLUB: Contact Audrey at (631) 239-1770



Broadway comes to Northport at the John W. Engeman Theater... Why not come
"Play" With Us! 250 Main Street, Northport NY 11768

Legally Blonde
Clue

Saturday, July 13, 2024
Saturday, September 14, 2024

@ 2 pm \$65
@ 2 pm \$65

Hands on Huntington NNORC

Hands on Huntington, a Neighborhood Naturally Occurring Retirement Community program, is a program provided at no cost to seniors age 60 years and older.

If you reside in their catchment area, including parts of Greenlawn, East Northport or Huntington, this program can assist you with at home access to a social worker for case management, a nurse for health assessments and educational programs. Services are geared to keeping seniors in their homes and community, living as independently as possible.

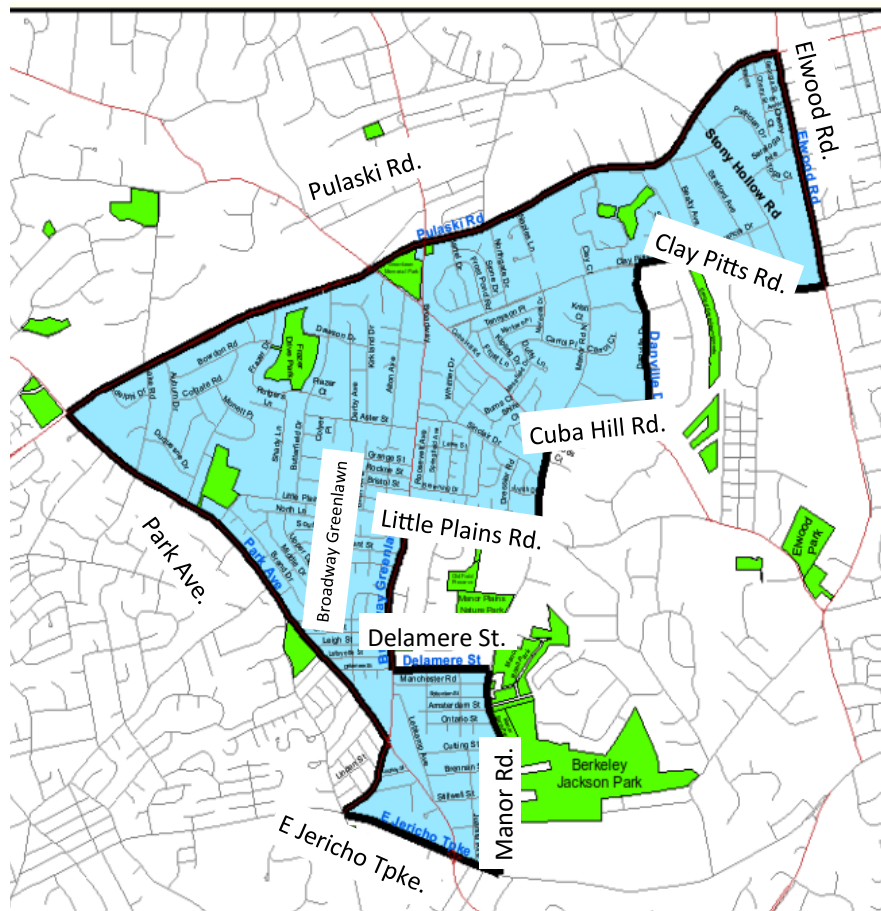


For information, please call: (631) 351-6610

<https://huntingtonny.gov/hands-on-huntington>

(left -right) Joyce Little, LMSW;
Sarah Sussman, LMSW Director; Bunny Karalitzky, RN MS

You are eligible to participate in this program if you live anywhere in the area shaded in blue.



This project is grant funded by the New York State Office of the Aging (NYSOFA) and supported by the Suffolk Y Jewish Community Center and the Town of Huntington.



Edmund J. Smyth
Supervisor

Eugene Cook
Councilman

Joan Cergol
Councilwoman

Dr. Dave Bennardo
Councilman

Salvatore Ferro
Councilman

RESIDENTIAL REPAIR HAS A DIRECT LINE NOW!



631.446.3721

LOU HORNE, COORDINATOR
LINDA JONES, OFFICE ASSISTANT

Huntington Residents: Do you need a Helping Hand?

Local youth, ages 14-18, are available for:

Babysitting, Garage Cleanout, Gardening, House Cleaning,
iPhone/Computer Assistance, Yard Work

AND MORE!!!

(please call at least a week in advance to discuss use of services)



All applicants have completed an
Employment Workshop and have been screened.



Don't Delay! Call Today!

Project Excel (631) 271-5499

* Homeowner is responsible to pay youth for services rendered. *



Project Excel is a part of the Huntington Youth Bureau Youth Development Research Institute, which is a 501 c (3), Not for Profit organization funded through the Town of Huntington, New York State Office of Children and Family Services, The Suffolk County Youth Bureau, The Townwide Fund, BAE Systems, various fundraisers and private donations.



HUNTINGTON UNITY FUN DAY

SATURDAY, APRIL 6, 2024
10AM - 3PM

Join school districts and community groups from all over Huntington Township as they come together to bring "Unity to the Community" with a parade and fair at Stimson Middle School

Huntington Unity Fun Day 2024 Grand Marshals



Suffolk County Sheriff
Errol Toulon, Jr.



Retired Suffolk County Deputy Police Commissioner
Rocio Mantion-Lewis

Interested in becoming a vendor or a sponsor for the event?
For more information, call Kimberly Jerideau at 516-757-2700

Dr. Dave Bennardo
Councilman

Salvatore Ferro
Councilman



Brooke Lupinacci
Councilwoman

Theresa Mari
Councilwoman



HIICAP

Health Insurance Information,
Counseling & Assistance Program

Trained volunteers guide those who have questions about Medicare and Medicaid on an Information Line or by appointment at libraries or senior centers.

- > Learn more about your Medicare coverage choices and the different parts of Medicare including *Part A- Hospital Insurance, Part B- Medical Insurance, and Part D- Prescription Drug Coverage.*
- > Find out more about the difference between Original Medicare and Medicare Advantage Plans (*Part C*) and Medicare Supplement plans.
- > Understand low-income subsidy programs, including “Extra Help” and how to apply for New York State's Elderly Pharmaceutical Insurance Coverage (EPIC).

And so much more!

Contact HIICAP Today!
631-979-9490 EXT. 18
Email: HIICAP@rsvpsuffolk.org
Visit our website at
www.rsvpsuffolk.org

Counseling Sessions
at the Senior Center
Call (631) 351-3253 NOW
to make 1/2 hour appointment
between 10:00 am - 12:30 pm
Tuesday, April 9, 2024





The Town of Huntington Senior Division



in conjunction with the
Huntington Hispanic Advisory Task Force



Financial Literacy for Seniors

Presentation by:

Heather K. Simek, VP Business Development Officer

First Central Savings Bank

Wednesday, April 10th, 2024

1:30pm

Town of Huntington

Senior Center

423 Park Avenue

Huntington, NY 11743

(631) 351-3253

Information on:

- Common types of Elder Financial Exploitation
- Identity Theft
- Planning for unexpected Life Events
- Top Tips for seniors
 - Current expenses
 - Health Insurance
 - Prescription drugs
 - Property Taxes
 - Estate planning
- Emergency savings goal
- Budgeting Tips
- Benefits of banking
- Credit



Edmund J. Smyth
Supervisor

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Councilman

Salvatore Ferro
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Theresa Mari
Councilwoman



TOWN OF HUNTINGTON

DEPARTMENT OF HUMAN SERVICES

SENIOR DIVISION



Free Workshop on



Helping Mature Drivers Find Their Safest Fit



THURSDAY, APRIL 11, 2024 @ 12:30 PM - 1:15 PM

Huntington Senior Center Dining Room

Find out ALL the necessary adjustments you can make in your own car to see out better, fit better and drive safer!

Follow-up CarFit Event

FRIDAY, APRIL 19, 2024 @ 10:00 AM - 12:00 PM

Location - in the rear parking lot of the Senior Center

Have a trained CarFit technician work directly with you and your vehicle!

(By appointment only, appointments taken at the workshop on the 11th)

- Designed to help seniors achieve a better fit with their vehicle for optimum safety and comfort while driving.
- Adjust your mirrors to reduce blind spots, seat belt adjustment, tilt wheel adjustments, seat height, etc.
- Learn how to make those changes in your car to help you see the road better, as well as how to accommodate for changes in the body as we age.

CarFit was created by the American Society on Aging and developed in collaboration with AARP, the American Occupational Therapy Association and AAA.

For More Information on CarFit, visit www.car-fit.org/carfit/FAQ



Edmund J. Smyth
Supervisor

Dr. Dave Bennardo
Councilman

Salvatore Ferro
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Brooke A. Lupinacci
Councilwoman

Theresa Mari
Councilwoman

TOWN OF HUNTINGTON

NEW! Senior Beach Permit Program

SENIOR RESIDENTS 60 +

COME GET YOUR FREE ELECTRONIC BEACH PERMIT!

TOWN OF HUNTINGTON SENIOR CENTER DINING ROOM
423 PARK AVENUE HUNTINGTON, NY 11743



APRIL 18TH 12:30PM - 2:00PM

APRIL 26TH 11:00AM - 2:00PM

**Don't forget your driver's license and
vehicle's registration!**

**If the vehicle is registered somewhere other than
Huntington township, please provide proof that you pay
taxes to the Town of Huntington.**

FOR INFORMATION CALL: 631-351-3253



Edmund J. Smyth
Supervisor

Dr. Dave Bennardo
Councilman

Salvatore Ferro
Councilman

Brooke A. Lupinacci
Councilwoman

Theresa Mari
Councilwoman



TOWN OF HUNTINGTON

Family Earth Day

Sponsored by Councilmembers
Salvatore Ferro & Brooke A. Lupinacci

IN PARTNERSHIP WITH

COVANTA

Powering Today. Protecting Tomorrow.



Huntington Hospital
Northwell Health®



**HUNTINGTON
TOWNSHIP**
CHAMBER OF COMMERCE
SERVING THE GREATER HUNTINGTON AREA

**THE
HOME
DEPOT**



Learn about our beautiful planet while enjoying food, music,
and **FREE** activities and services, including:

- Marine Touch Tank - *(Courtesy of Cornell Cooperative Extension)*
- Face Painting
- Paper Shredding
- Composting & English Ivy Removal Demo
- Arts & Crafts
- E-waste Disposal
- Pet Adoptions & Live Animals
- Free Tree Saplings
- Beekeeping demonstrations
- Giveaways - *(Courtesy of Home Depot)*
- Storytime - *(Harborfields Public Library)*
- Activities with the Long Island Nets
- Music Jam with the **FOLK MUSIC SOCIETY**
(bring your instrument)

AND MORE!

For more information, contact:

Councilman Sal Ferro at (631)351-3175

Councilwoman Brooke A. Lupinacci at (631)351-3174

**SUNDAY
APRIL 21, 2024
10 AM - 2 PM**

**MANOR FARM
PARK
210 MANOR ROAD
HUNTINGTON**

Dr. David Bennardo
Councilman

Salvatore Ferro
Councilman

Ed Smyth
Supervisor

Brooke A. Lupinacci
Councilwoman

Theresa Mari
Councilwoman

The Suffolk County Elder Abuse Enhanced Multidisciplinary Team

A support network for **professionals** to respond and report the victimization of older adults while increasing their access to resources, services & justice.

Elder Abuse Enhanced Multidisciplinary Teams (E-MDTs) are comprised of various disciplines with expertise in senior care and elder justice who review and intervene in complex cases of abuse (physical, emotional, sexual, neglect by others, and financial exploitation).

To make a program referral:
Suffolk County E-MDT Program
Coordinator
Haley Gordon

haley.gordon@eac-network.org
Phone: (631)-440-0510



Professional individuals working with adults **60 years of age and older** may refer cases to the E-MDT if elder abuse is suspected. The E-MDT reviews such cases and assists through a *trauma-informed collaborative approach* to stopping the abuse. Social workers, case managers, medical or legal professionals, law enforcement, and any other service providers can refer a case to the EMDT to receive *creative solutions* to return the older adult to a state of stability and safety.

Member agencies:

Adult Protective Services

District Attorney's Office

Law Agencies

Victim Services

Office for the Aging

Geriatric Medicine

Neuropsychiatry

Police Department

Social Service Agencies

If you have been victimized or have concerns for an older adult you know, contact a team member agency for support.

To report suspected abuse:

Suffolk County Adult Protective Services
(631) 854-3232

For a welfare check:

Suffolk Police Department-Non-Emergency Number
(631) 852-COPS(2677)

For victim's advocacy, counseling and services:

ECLI/VIBS- (631) 360-3730

Crime Victim's Center- (631) 689-2672

For legal providers:

Senior Citizens Law Program at Touro Law Center-
(631) 761-7470

Nassau Suffolk Law Services- (631) 232-2400

For other services and additional resources:

Suffolk Office For the Aging- (631) 853-8200

Family Service League- (631) 427-3700

SILO- NY Connects- (631) 730-3737

Concerned Persons Helpline: (844)-746-6905

Nassau County resident referrals:

Nassau E-MDT Program Coordinator

Arlene Markarian - (516) 485-3425

Sponsored by Huntington Councilwomen
Brooke A. Lupinacci & Theresa Mari
Town of Huntington Highway Superintendent Andre Sorrentino

The United Asian American Alliance

presents



AAPI Heritage Month *Celebration* Art Exhibition

Featuring Artwork from local Asian
American Artists in celebration of
AAPI Heritage Month



May 1-30, 2024
Gallery Hours:
Monday-Friday 8:30am-4:30pm

Huntington Town Hall
(Photo ID required for entry)

Sponsored by:



Huntington Town Hall
100 Main St. Huntington, NY



Edmund J. Smyth
Supervisor

Dr. Dave Bennardo
Councilman

Salvatore Ferro
Councilman

Brooke A. Lupinacci
Councilwoman

Theresa Mari
Councilwoman

THE TOWN OF HUNTINGTON OPIOID
AND
ADDICTION TASK FORCE PRESENTS

**Alternatives to Opioids for
Acute and Chronic Pain**

Bruce Silber, DC

- Massapequa Pain Management
- Chiropractic Care, Physical Therapy, and Yoga

Waseem Mir, MD

- Founder of New York Integrated Rheumatology
- Medical Acupuncture for Pain Relief

Amit Sharma, MD

- Founder of SpinePain Solutions
- Chief of Pain Medicine, Good Samaritan Hospital Medical Center
- Targeted Injection Therapy Techniques, Epidurals, and Nerve Ablations

Thursday | May 2nd | 1:15 PM

Huntington Senior Center



Edmund J. Smyth
Supervisor

Dr. Dave Bennardo
Councilman

Salvatore Ferro
Councilman

Brooke A. Lupinacci
Councilwoman

Theresa Mari
Councilwoman



Councilman Dave Bennardo, Councilman Sal Ferro
Huntington Town Board
&
Second Precinct

PRESENTS

Senior Senior Prom



Thursday May 9th | 12-3pm
*at the Town of Huntington Senior
Center (Flanagan Gym)*

Live Music/Lunch/Pictures

Tickets FREE

For Details and Tickets Call
Call (631)351-3089



Dr. Dave Bennardo
Councilman

Salvatore Ferro
Councilman

Edmund J. Smyth
Supervisor

Brooke A. Lupinacci
Councilwoman

Theresa Mari
Councilwoman



Join us as we Honor Town of Huntington
Outstanding Senior Citizens of the Year

*Just
Bloom*

Senior Recognition Gala

Wednesday, May 15, 2024
Noon - 4:00 p.m.

Flanagan Center Gym

423 Park Avenue
Huntington NY 11743

Delicious Buffet

Appetizer

Entrée

Dessert

Coffee, Tea, Water

\$25.00 Per Person

Music by DJ Bob

Tickets can be purchased at the
Huntington Senior Center or
through Club Leaders

TICKETS ON SALE APRIL 5TH

TICKETS ARE LIMITED

FIRST COME, FIRST SERVED

Checks can be made payable to:
Huntington Human Services Institute

LAST DAY OF TICKET SALES

FRIDAY, MAY 1ST

For more information call
631-351-3253

Edmund Smyth, Supervisor

Dr. Dave Bennardo
Councilman

Salvatore Ferro
Councilman



Brooke Lupinacci
Councilwoman

Theresa Mari
Councilwoman



Senior Participation Discount List

Contact Merchant for Individual Discounts

Restrictions May Apply

Art League of LI	107 East Deer Park Avenue	Dix Hills	631-462-5400	30% Off Adult Membership
Buttercooky Bakery	495 New York Avenue	Huntington	631-424-4034	10% Off Monday Only
C & C Meats	249 Old Walt Whitman Road	Huntington	631-271-6504	20% Off Tuesdays Only
C Town Supermarket	1662 New York Avenue	Huntington Sta.	631-673-5878	10% Off Wednesday Only
Community Market	108 Depot Road	Huntington Sta.	631-423-0648	10% Off Wednesday Only
Copenhagen Bakery	75 Woodbine Avenue	Northport	631-754-3256	20% Off Monday Only
Country Bagels	361 Route 25A	Northport	631-261-7821	1/2 Off 6 Bagels/Limit 6
Craft Shoes	6149 Jericho Turnpike	Commack	631-499-5773	20% Off Excl. Sale Items
Double "S" Deli	18 West Neck Road	Huntington	631-421-9228	5% Off Daily
Dunkin	15 Southdown Road	Huntington	631-424-0647	5% Off Daily
Dunkin	200 East Main Street	Huntington	631-935-0031	5% Off Daily
Dunkin	838 New York Avenue	Huntington	631-421-2010	5% Off Daily
East Northport Bagel Café	355 Larkfield Road	East Northport	631-486-8200	10% Off Daily
Eyewear by Patrice	829 Fort Salonga Road	Northport	631-757-3937	20% Off Daily
Family Care Pharmacy	33 Walt Whitman Road	Huntington Sta.	631-350-6400	10% Off Limitations Apply
Filletto's Pizza	297 Clay Pitts Road	East Northport	631-266-3700	10% Off Reg. Price Menu
Golden Globe Diner	365 West Main Street	Huntington	631-351-9680	10% Off Daily
Goodwill NY/NJ	1900 Jericho Turnpike	East Northport	631-462-4219	10% Off Tuesday Only
Huntington Dental	1 Schwab Road	Melville	631-673-1862	20% Off Daily
Huntington Food Plaza	2035 New York Avenue	Huntington Sta.	631-271-3700	10% Off Wednesday Only
IGA	301 Clay Pitts Road	East Northport	631-368-1661	5% Off Tuesdays Only
IHOP	259 Old Walt Whitman Road	Huntington Sta.	631-423-8760	10% Off Reg. Price Menu
Jones Drug Store	100 Main Street	Northport	631-261-7070	10% Off Limitations Apply
Jonny D's Pizza	946 New York Avenue	Huntington	631-385-4444	10% Off Daily
Mainsource Pharmacy	347B Main Street	Huntington	631-760-1114	15% Off Limitations Apply
Mama Lucia's	1820 New York Avenue	Huntington Sta.	631-423-4855	10% Off Daily
Melville Deli	90 Broadhollow Road	Melville	631-351-9338	10% Off Daily
Mo's Bagels	75 Broadway	Greenlawn	631-754-2667	10% Off Monday - Friday
Mo's Bagels	707 Fort Salonga Road	Northport	631-754-6182	10% Off Monday - Friday
Moss Opticians	345 Main Street	Huntington	631-421-4211	10% Off Daily
Mozzarella's Pizza	1937 Jericho Turnpike	East Northport	631-462-0600	10% Off W \$15 Min.
North Shore Pharmacy	25 Southdown Road	Huntington	631-427-6262	10% Off Excl. Prescriptions
110 Pharmacy	459 Walt Whitman Road	Melville	631-421-5454	10% Off Limitations Apply
Skorprios Restaurant	340 New York Avenue	Huntington	631-549-8887	10% Off Daily
Spuntino	687 Old Country Road	Dix Hills	631-547-9300	10% Off Not Combinable
Tim's Shipwreck Diner	46 Main Street	Northport	631-754-1797	15% Off Daily
Town Drugs	517A Larkfield Road	East Northport	631-266-3999	10% Off Excl. Prescriptions
Uncle Giuseppe's	890 Walt Whitman Road	Melville	631-683-5900	5% Off Wednesday Only
Value Drugs	106 Broadway	Greenlawn	631-754-0532	10% Off Wednesday Only
Value Drugs	349 New York Avenue	Huntington	631-427-2919	10% Off Wednesday Only
Vision World	699 Old Country Road	Dix Hills	631-271-3520	20% Off Daily

TOWN OF HUNTINGTON

TOWN OF HUNTINGTON



Edmund J. Smyth, Supervisor

Dr. Dave Bennardo, Councilman

Salvatore Ferro, Councilman

Brooke A. Lupinacci, Councilwoman

Theresa Mari, Councilwoman

DEPARTMENT OF HUMAN SERVICES

Kevin Thorbourne, Director

423 Park Avenue, Huntington

(631) 351-3304

SENIOR CITIZENS DIVISION

Julia Frangione, Director

423 Park Avenue, Huntington

(631) 351-3253

Contact Us:

Email: Seniors@HuntingtonNY.gov

Website: TOHseniors.com